

Department of Applied Psychology

Faculty CV

Name	Irum Aslam
Designation	Lecturer (Contractual)
Education	• Master of Philosophy in Psychology, Quaid-i-Azam University, Islamabad, Pakistan (2021-2023) • Master of Science in Psychology, Quaid-i-Azam University, Islamabad, Pakistan (2019-2021)
Professional Experience	• Lecturer, National Institute of Modern Languages, (Sep, 2026 – Present) • Senior Research Analyst, The KPI Institute (Remote) (May, 2024 – April, 2026) • Visiting Lecturer, Rawalpindi Women University (Sep, 2024 – Jan, 2026) • Visiting Lecturer, Fatima Jinnah Women University (Sep, 2025 – Jan, 2026) • Junior Research Analyst, The KPI Institute (Remote) (Oct, 2023 – April, 2024) • Graduate Research Assistant, Rawalpindi Women University (March, 2023 – Sep, 2025)
Research Interests	• Trauma & Violence • Gender psychology
Publications/Conferences	<u>Publications</u> • Javed, M., Zubair, A., Niazi, N. B., & Aslam, I. (2025). Effects of machiavellianism on cyberbullying perpetration: Serial mediating role of perceived social support and problematic internet use among university students. <i>Psychology in Russia: State of the Art</i>, 18(3), Article e87. https://doi.org/10.11621/pir.2025.0306 • Anwar, I., Sadia, R., Khan, S., & Aslam, I. (2025). Intimate partner violence and postpartum depression among Pakistani women: Moderating role of miscarriages.

	<i>Journal of Interpersonal Violence</i>, Article 08862605251349820. https://doi.org/10.1177/08862605251349820 • Zahra, K., Khan, S., Sadia, R., & Aslam, I. (2024). Resilience and post-traumatic growth among cancer patients: A moderated mediation analysis through perceived social support and stress. <i>Psychology in Russia: State of the Art</i>, 17(2), 34-49. https://doi.org/10.11621/pir.2024.0203 • Aslam, I., & Malik, J. A. (2024). Fear of missing out and procrastination among university students: Investigating the mediating role of screen time. <i>CARC Research in Social Sciences</i>, 3(2), 206-213. https://doi.org/10.58329/criss.v3i2.122 <u>Conferences</u> • Zia, S., & Aslam, I. (2025, November 13). <i>Role of traditional gender roles and religious orientation in transphobia among Millennials and Gen Z</i>. [Paper presentation]. 4th International Conference of Social Sciences: Contemporary World Challenges and Transformation, Rawalpindi, Pakistan. • Irum, A., & Aslam, N. (2024, November 13). <i>COVID-19 pandemic legacy: Examining demographic influences on teacher burnout during online teaching</i> [Poster presentation]. 3rd International Conference of Social Sciences: Contemporary World Challenges and Transformation, Rawalpindi, Pakistan. • Irum, A., & Malik, J. A. (2024, November 13). <i>Navigating the digital age: State-driven fomo and the rise of screen time</i> [Paper presentation]. 2nd International Conference of Social Sciences: Contemporary World Challenges and Transformation, Rawalpindi, Pakistan.
Honors/Grants (if any)	• N/A
Workshops/Trainings (if any)	• N/A